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Fetal Alcohol Spectrum Disorder Training

Post-Knowledge Test

Date: _____

1. FAS is the leading preventable cause of mental retardation in the United States.
a) True b) False
2. FAS is when a baby is born intoxicated or addicted to alcohol.
a) True b) False
3. How much higher is the level of alcohol in the amniotic fluid than in the mother's bloodstream?
a) Same
b) Double
c) Triple
d) Doesn't affect it
4. How many drinks are safe for a woman to consume while pregnant?
a) 1 per day.
b) 1 per week.
c) No hard liquor, but beer and wine are safe.
d) There is no safe level of drinking while pregnant.
5. Which is NOT a physical symptom of FAS?
a) Thin upper lip
b) Fold of skin over the inner corner of the eye
c) Abnormally large head
d) Low nasal bridge
6. Birth defects can result when the mother drinks during which trimester of her pregnancy?
a) Only the first trimester.
b) The first and second trimesters.
c) Any of the trimesters.
d) Only the third trimester.
7. FASD cannot pass from one generation to the next because it's not a genetic birth defect.
a) True b) False
8. Children with FAS/FASD can be cured.
a) True b) False
9. FASD/FAE describes children who have symptoms of prenatal alcohol exposure but do not meet the diagnostic criteria for FAS.
a) True b) False
10. A fetus suffers the effects of alcohol for the same amount of time as the mother.
a) True b) False