

**INFORMATION/RESOURCES WORKSHEET**

**THE 3 B'S WORKSHEET!!**  
**(BARRIERS, BREAKDOWNS, BREAKTHROUGHS)**

**THE 10 EASY STEPS  
TO  
EFFECTIVE PREVENTION STRATEGIES**

- **TAKE STOCK/ASSESS SELF**
- **DETERMINE EMOTIONAL CONNECTION**
- **EVALUATE**
- **DETERMINE INFORMATION/RESOURCE (MATERIALS & PEOPLE) YOU HAVE AND ARE AVAILABLE TO YOU**
- **IDENTIFY BARRIERS, BREAKDOWNS & BREAKTHROUGHS**
- **CREATE YOUR FUTURE ( WHAT IS POSSIBLE THROUGH CHANGE)**
- **BE A COACH AND BE COACHABLE!!**
- **ENLIST & ENROLL YOUTH IN THE PROCESS**
- **CREATE THE FUN!!!**
- **DO!!! (FOLLOW THROUGH)**

# PREVENTION COMPETENCIES TO BE MODELED

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## **Introspection**

Understanding  
One's Personal  
Values and Mental  
Models

## **Communicating:**

Effectively  
Exchanging  
Information by being  
Willing to provide  
Candid feedback,  
congruent verbal and  
Non-verbal signals.  
Effective listening,  
And cultural  
Sensitivity

## **Coaching:**

Motivating Participants  
By sharing strategies  
For success and  
Ways to make a  
Contribution

## **Developing Others:**

Developing all  
participants.  
Including those  
Who are different  
From you, to  
Achieve all goals

## **Resolving Conflict:**

Relieving the  
Tension that exists  
When priorities  
And opinions are in  
Competition and  
Individuals do not  
Agree



## Demographic Data

### Teen Population

| Statistic                              | Florida   | United States |
|--|-----------|---------------|
| Number of Adolescents Aged 15-19, 2003 | 1,100,327 | 20,478,418    |

**Source:** National Campaign analysis of *State population estimates by age, sex, race, and Hispanic origin, vintage 2003, 6 race groups*, Retrieved October 20, 2004 from <http://www.census.gov/popest/datasets.html>. Suitland, MD: U.S. Bureau of the Census.

### Number of Adolescents by Age, 2003

| Statistic    | Florida          | Percent     | United States     | Percent     |
|--------------|------------------|-------------|-------------------|-------------|
| Ages 10 - 14 | 1,148,881        | 51%         | 21,193,360        | 51%         |
| Ages 15 - 17 | 668,003          | 30%         | 12,305,591        | 30%         |
| Ages 18 - 19 | 432,324          | 19%         | 8,172,827         | 20%         |
| <b>Total</b> | <b>2,249,208</b> | <b>100%</b> | <b>41,671,778</b> | <b>100%</b> |

**Source:** National Campaign analysis of *State population estimates by age, sex, race, and Hispanic origin, vintage 2003, 6 race groups*, Retrieved October 20, 2004 from <http://www.census.gov/popest/datasets.html>. Suitland, MD: U.S. Bureau of the Census.

### Number of Adolescents Aged 15-19 by Race/Ethnicity, 2003

| Statistic                           | Florida | Percent | United States | Percent |
|-------------------------------------|---------|---------|---------------|---------|
| White Alone, Non-Hispanic           | 605,911 | 53%     | 12,891,933    | 59%     |
| Black Alone, Non-Hispanic           | 235,572 | 21%     | 2,983,544     | 14%     |
| Native American Alone, Non-Hispanic | 3,461   | 0%      | 202,161       | 1%      |
| Asian Alone, Non-Hispanic           | 19,866  | 2%      | 755,554       | 3%      |

|   |         |     |           |     |
|---|---------|-----|-----------|-----|
| Hawaiian and Other Pacific Islander Alone, Non-Hispanic | 714     | 0%  | 33,543    | 0%  |
| Two or More Races, Non-Hispanic                         | 14,527  | 1%  | 364,563   | 2%  |
| Hispanic (Any Race)                                     | 220,276 | 19% | 3,247,120 | 15% |

**Source:** National Campaign analysis of *State population estimates by age, sex, race, and Hispanic origin, vintage 2003, 6 race groups*, Retrieved October 20, 2004 from <http://www.census.gov/popest/datasets.html>. Suitland, MD: U.S. Bureau of the Census.

### Teen Pregnancy Data

|              |                  |             |                   |             |
|--------------|------------------|-------------|-------------------|-------------|
| <b>Total</b> | <b>1,148,588</b> | <b>100%</b> | <b>21,963,525</b> | <b>100%</b> |
|--------------|------------------|-------------|-------------------|-------------|

#### Number of Teen Pregnancies, Girls 15-19, 2000

| Statistic                                     | Florida | United States |
|---|---------|---------------|
| Number of Teen Pregnancies, Girls 15-19, 2000 | 48,440  | 821,810       |

**Source:** The Alan Guttmacher Institute. (2004). *U.S. teenage pregnancy statistics: Overall trends, trends by race and ethnicity and state-by-state information*. Retrieved February 20, 2004, from [www.guttmacher.org/pubs/state\\_pregnancy\\_trends.pdf](http://www.guttmacher.org/pubs/state_pregnancy_trends.pdf)

**Notes:** Numbers of pregnancies are rounded to the nearest 10.

State-level pregnancy data are released on an irregular basis. If past patterns hold true, the next set of pregnancy rates to be released by AGI will be for the year 2004, and will be released in early 2007. For more information on data availability, see <http://www.teenpregnancy.org/about/faq.asp#11>. If you must use data from a more recent year, consider using teen birth data instead of teen pregnancy data -- these rates can be obtained at <http://www.teenpregnancy.org/america/statistics.asp?ID=4>.

#### Teen Pregnancy Rate, Girls 15-19, 2000

| Statistic                              | Florida | United States |
|--|---------|---------------|
| Teen Pregnancy Rate, Girls 15-19, 2000 | 97      | 84            |

**Source:** The Alan Guttmacher Institute. (2004). *U.S. teenage pregnancy statistics: Overall trends, trends by race and ethnicity and state-by-state information*. Retrieved February 20, 2004, from [www.guttmacher.org/pubs/state\\_pregnancy\\_trends.pdf](http://www.guttmacher.org/pubs/state_pregnancy_trends.pdf)

**Notes:** State-level pregnancy data are released on an irregular basis. If past patterns hold true, the next set of pregnancy rates to be released by AGI will be for the year 2004, and will be released in early 2007. For more information on data availability, see <http://www.teenpregnancy.org/about/faq.asp#11>. If you must use data from a more recent year, consider using teen birth data instead of teen

pregnancy data -- these rates can be obtained at <http://www.teenpregnancy.org/america/statistics.asp?ID=4>.

### Change in Teen Pregnancy Rate, Girls 15-19, 1992-2000

| Statistic   | Florida | United States |
|---|---------|---------------|
| Change in Teen Pregnancy Rate, Girls 15-19, 1992-2000 | -24%    | -24%          |

**Source:** The Alan Guttmacher Institute. (2004). *U.S. teenage pregnancy statistics: Overall trends, trends by race and ethnicity and state-by-state information*. Retrieved February 20, 2004, from [www.guttmacher.org/pubs/state\\_pregnancy\\_trends.pdf](http://www.guttmacher.org/pubs/state_pregnancy_trends.pdf)

**Notes:** State-level pregnancy data are released on an irregular basis. If past patterns hold true, the next set of pregnancy rates to be released by AGI will be for the year 2004, and will be released in early 2007. For more information on data availability, see <http://www.teenpregnancy.org/about/faq.asp#11>. If you must use data from a more recent year, consider using teen birth data instead of teen pregnancy data -- these rates can be obtained at <http://www.teenpregnancy.org/america/statistics.asp?ID=4>.

### Change in Teen Pregnancy Rates by Age

| Statistic              | Florida | United States |
|------------------------|---------|---------------|
| Girls 13-14, 1995-7    | N/A     | -11%          |
| Girls 15-17, 1992-2000 | -33%    | -32%          |
| Girls 18-19, 1992-2000 | -16%    | -20%          |

**Source:** The Alan Guttmacher Institute. (2004). *U.S. teenage pregnancy statistics: Overall trends, trends by race and ethnicity and state-by-state information*. Retrieved February 20, 2004, from [www.guttmacher.org/pubs/state\\_pregnancy\\_trends.pdf](http://www.guttmacher.org/pubs/state_pregnancy_trends.pdf). Henshaw, S.K. (1997). [Teenage abortion and pregnancy statistics by state, 1992](#). *Family Planning Perspectives*, 29(3), 115-22. Centers for Disease Control and Prevention. (2000). [National and state-specific pregnancy rates among adolescents -- United States, 1995-97](#). *Morbidity and Mortality Weekly Report*, 49(27), 605-11. Centers for Disease Control and Prevention. (2000). [Errata: vol. 49, no. 27](#). *Morbidity and Mortality Weekly Report*, 49(29), 672.

**Notes:** Changes in pregnancy rates for girls 13-14 are missing for 10 states because these states did not report abortion data to CDC, the source for this particular rate, in 1997 and/or 1995.

State-level pregnancy data are released on an irregular basis. If past patterns hold true, the next set of pregnancy rates to be released by AGI will be for the year 2004, and will be released in early 2007. For more information on data availability, see <http://www.teenpregnancy.org/about/faq.asp#11>. If you must use data from a more recent year, consider using teen birth data instead of teen pregnancy data -- these rates can be obtained at

## Teen Birth Data

### Number of Teen Births, Girls 15-19, 2003

| Statistic                                | Florida | United States |
|--|---------|---------------|
| Number of Teen Births, Girls 15-19, 2003 | 22,770  | 414,580       |

**Source:** Martin, J.A., Hamilton, B.E., Sutton, P.D., Ventura, S.J., Menacker, F., & Munson, M.L. (2005). [Births: Final data for 2003](#). *National Vital Statistics Reports*, 54(2).

### Number of Teen Births by Age, 2003

| Statistic      | Florida       | Percent     | United States  | Percent     |
|----------------|---------------|-------------|----------------|-------------|
| Girls Under 15 | 363           | 2%          | 6,661          | 2%          |
| Girls 15-17    | 7,226         | 31%         | 134,384        | 32%         |
| Girls 18-19    | 15,544        | 67%         | 280,196        | 67%         |
| <b>Total</b>   | <b>23,133</b> | <b>100%</b> | <b>421,241</b> | <b>100%</b> |

**Source:** Martin, J.A., Hamilton, B.E., Sutton, P.D., Ventura, S.J., Menacker, F., & Munson, M.L. (2005). [Births: Final data for 2003](#). *National Vital Statistics Reports*, 54(2).

### Number of Teen Births to Girls Under 20 by Race/Ethnicity, 2003

| Statistic               | Florida | United States |
|-------------------------|---------|---------------|
| Non-Hispanic Whites     | 8,995   | 204,056       |
| Non-Hispanic Blacks     | 7,572   | 118,954       |
| Hispanics               | 5,919   | 129,469       |
| Native Americans        | 151     | 8,055         |
| Asian/Pacific Islanders | 149     | 8,968         |

**Source:** 2003 natality data set [CD-ROM]. *CD-ROM Series*, 21(17)

**Notes:** The sum of births by race/ethnicity will not equal the actual total number of births, as births to Hispanics of any race other than White and Black are double-counted, and totals due to other racial/ethnic groups are not shown.

### Teen Birth Rate, Girls 15-19, 2003

| Statistic                          | Florida | United States |
|------------------------------------|---------|---------------|
| Teen Birth Rate, Girls 15-19, 2003 | 45      | 43            |

**Source:** Franzetta, K., Ikramullah, E., Manlove, J., Moore, K.A., & Cottingham, S. (2006). *Facts at a Glance*. Washington, DC: Child Trends.

### Teen Birth Rates by Age, 2003

| Statistic         | Florida | United States |
|-------------------|---------|---------------|
| Girls 15-17, 2003 | 23      | 23            |
| Girls 18-19, 2003 | 78      | 73            |

**Source:** Franzetta, K., Ikramullah, E., Manlove, J., Moore, K.A., & Cottingham, S. (2006). *Facts at a Glance*. Washington, DC: Child Trends.

### Teen Birth Rate for Girls Aged 15-19, by Race/Ethnicity, 2003

| Statistic               | Florida | United States |
|-------------------------|---------|---------------|
| Non-Hispanic Whites     | 30      | 27            |
| Hispanics               | 56      | 82            |
| Non-Hispanic Blacks     | 64      | 64            |
| Native Americans        | 53      | 53            |
| Asian/Pacific Islanders | 12      | 17            |

**Source:** 2003 natality data set [CD-ROM]. *CD-ROM Series, 21(17)*

**Notes:** Eight states are missing rates for African American teens, 3 states are missing rates for Hispanic teens, 11 states and D.C. are missing rates for Native American teens, and 12 states and D.C. are missing rates for Asian/Pacific Islander teens. Rates are missing because the number of births and/or teens was too small to calculate a reliable rate.

### Number of Births to Teens Aged 15-19 by Marital Status, 2003

| Statistic       | Florida       | Percent     | United States  | Percent     |
|-----------------|---------------|-------------|----------------|-------------|
| Married Teens   | 3,604         | 16%         | 77,379         | 19%         |
| Unmarried Teens | 19,166        | 84%         | 337,201        | 81%         |
| <b>Total</b>    | <b>22,770</b> | <b>100%</b> | <b>414,580</b> | <b>100%</b> |

**Source:** 2003 natality data set [CD-ROM]. *CD-ROM Series, 21(17)*

### Change in Teen Birth Rates, Girls 15-19, 1991-2003

| Statistic  | Florida | United States |
|--|---------|---------------|
| Change in Teen Birth Rates, Girls 15-19, 1991-2003 | -37%    | -33%          |

**Source:** Martin, J.A., Hamilton, B.E., Sutton, P.D., Ventura, S.J., Menacker, F., & Munson, M.L. (2005). [Births: Final data for 2003](#). *National Vital Statistics Reports, 54(2)*.

### Change in Teen Birth Rates By Age

| Statistic              | Florida | United States |
|------------------------|---------|---------------|
| Girls 15-17, 1991-2003 | -50%    | -42%          |
| Girls 18-19, 1991-2003 | -28%    | -25%          |

**Source:** Franzetta, K., Ikramullah, E., Manlove, J., Moore, K.A., &

Cottingham, S. (2006). *Facts at a Glance*. Washington, DC: Child Trends.

### **Change in Teen Birth Rates by Race/Ethnicity, Girls 15-19, 1990-2003**

| <b>Statistic</b>        | <b>Florida</b> | <b>United States</b> |
|-------------------------|----------------|----------------------|
| Non-Hispanic Whites     | -41%           | -36%                 |
| Hispanics               | -7%            | -18%                 |
| Non-Hispanic Blacks     | -53%           | -45%                 |
| Native Americans        | -16%           | -35%                 |
| Asian/Pacific Islanders | -34%           | -34%                 |

**Source:** 2003 natality data set [CD-ROM]. *CD-ROM Series, 21(17)*

**Notes:** Two states are missing the percent change for non-Hispanic Whites, 12 states are missing percent changes for African American teens, 13 states are missing percent changes for Hispanic teens, 29 states and D.C. are missing percent changes for Native American teens, and 18 states and D.C. are missing percent changes for Asian/Pacific Islander teens. Percent changes are missing because rates are not available for 1990 and/or 2002.

It is likely that changes state teen birth rates by race/ethnicity through 2003 will not be available until Fall 2005 at the earliest. For more information on data availability, see

<http://www.teenpregnancy.org/about/faq.asp#11>.

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## Substance Use

### Percentage of Students Who Used Tobacco During the Past 30 Days, 2005

| Statistic            | FL  | US  |
|----------------------|-----|-----|
| Total                | 17% | 23% |
| By Gender:           |     |     |
| - Female             | 17% | 23% |
| - Male               | 17% | 23% |
| By Grade:            |     |     |
| - 9th                | 14% | 20% |
| - 10th               | 17% | 21% |
| -11th                | 17% | 24% |
| -12th                | 22% | 28% |
| By Race/Ethnicity:   |     |     |
| - non-Hispanic White | 22% | 26% |
| - non-Hispanic Black | 7%  | 13% |
| - Hispanic           | 16% | 22% |

Last Updated: July 2006

Notes: Tobacco use is defined as smoking cigarettes or cigars or using tobacco, snuff, or dip.  
 'N/A' indicates less than 100 respondents for the category.

### Percentage of Students Who Had At Least One Drink of Alcohol During the Past 30 Days, 2005

| Statistic  | FL  | US  |
|------------|-----|-----|
| Total      | 40% | 43% |
| By Gender: |     |     |

|                           |     |     |
|---------------------------|-----|-----|
| - Female                  | 41% | 43% |
| - Male                    | 38% | 44% |
| <b>By Grade:</b>          |     |     |
| - 9th                     | 31% | 36% |
| - 10th                    | 40% | 42% |
| -11th                     | 44% | 46% |
| -12th                     | 49% | 51% |
| <b>By Race/Ethnicity:</b> |     |     |
| - non-Hispanic White      | 45% | 46% |
| - non-Hispanic Black      | 26% | 31% |
| - Hispanic                | 42% | 47% |

Last Updated: July 2006

Note: 'N/A' indicates less than 100 respondents for the category.

### Percentage of Students Who Used Marijuana During the Past 30 Days, 2005

| <b>Statistic</b>          | <b>FL</b> | <b>US</b> |
|---------------------------|-----------|-----------|
| Total                     | 17%       | 20%       |
| <b>By Gender:</b>         |           |           |
| - Female                  | 16%       | 18%       |
| - Male                    | 18%       | 22%       |
| <b>By Grade:</b>          |           |           |
| - 9th                     | 15%       | 17%       |
| - 10th                    | 16%       | 20%       |
| -11th                     | 18%       | 21%       |
| -12th                     | 21%       | 23%       |
| <b>By Race/Ethnicity:</b> |           |           |
| - non-Hispanic White      | 19%       | 20%       |
| - non-Hispanic Black      | 13%       | 20%       |

|            |     |     |
|------------|-----|-----|
| - Hispanic | 15% | 23% |
|------------|-----|-----|

Last Updated: July 2006

Note: 'N/A' indicates less than 100 respondents for the category.

Source: Centers for Disease Control and Prevention (2006). Youth Risk Behavior Surveillance—United States, 2005. *Surveillance Summaries*, June 9, 2006. MMWR: 55(SS-5); Youth Risk Behavior Surveillance System. (2005). *Youth Online: Comprehensive Results*. Retrieved June 8, 2006 from <http://apps.nccd.cdc.gov/yrbss/> Atlanta, GA: Centers for Disease Control and Pre

## Sexual Activity

### Percentage of Students Who Have Ever Had Sex, 2005

| Statistic            | FL  | US  |
|----------------------|-----|-----|
| Total                | 51% | 47% |
| By Gender:           |     |     |
| - Female             | 47% | 46% |
| - Male               | 54% | 48% |
| By Grade:            |     |     |
| - 9th                | 38% | 34% |
| - 10th               | 47% | 43% |
| -11th                | 59% | 51% |
| -12th                | 65% | 63% |
| By Race/Ethnicity:   |     |     |
| - non-Hispanic White | 45% | 43% |
| - non-Hispanic Black | 62% | 68% |
| - Hispanic           | 52% | 51% |

Last Updated: August 2006

### Percentage of Students Who Had Sex for the First Time Before Age 13, 2005

| <b>Statistic</b>     | <b>FL</b> | <b>US</b> |
|----------------------|-----------|-----------|
| Total                | 9%        | 6%        |
| By Gender:           |           |           |
| - Female             | 4%        | 4%        |
| - Male               | 14%       | 9%        |
| By Grade:            |           |           |
| - 9th                | 12%       | 9%        |
| - 10th               | 8%        | 6%        |
| -11th                | 8%        | 5%        |
| -12th                | 6%        | 4%        |
| By Race/Ethnicity:   |           |           |
| - non-Hispanic White | 5%        | 4%        |
| - non-Hispanic Black | 18%       | 17%       |
| - Hispanic           | 8%        | 7%        |

Last Updated: August 2006

### Percentage of Students With Four or More Lifetime Sexual Partners, 2005

| <b>Statistic</b>     | <b>FL</b> | <b>US</b> |
|----------------------|-----------|-----------|
| Total                | 16%       | 14%       |
| By Gender:           |           |           |
| - Female             | 12%       | 12%       |
| - Male               | 21%       | 17%       |
| By Grade:            |           |           |
| - 9th                | 12%       | 9%        |
| - 10th               | 15%       | 12%       |
| -11th                | 18%       | 16%       |
| -12th                | 22%       | 21%       |
| By Race/Ethnicity:   |           |           |
| - non-Hispanic White | 12%       | 11%       |
| - non-Hispanic Black | 28%       | 28%       |

|            |     |     |
|------------|-----|-----|
| - Hispanic | 14% | 16% |
|------------|-----|-----|

Last Updated: August 2006

**Percentage of Students Who Had Sexual Intercourse in the Previous Three Months ("Sexually Active" Students), 2005**

| Statistic            | FL  | US  |
|----------------------|-----|-----|
| Total                | 36% | 34% |
| By Gender:           |     |     |
| - Female             | 35% | 35% |
| - Male               | 37% | 33% |
| By Grade:            |     |     |
| - 9th                | 24% | 20% |
| - 10th               | 35% | 29% |
| -11th                | 42% | 39% |
| -12th                | 51% | 49% |
| By Race/Ethnicity:   |     |     |
| - non-Hispanic White | 33% | 32% |
| - non-Hispanic Black | 45% | 47% |
| - Hispanic           | 35% | 35% |

Last Updated: August 2006

**Percentage of "Sexually Active" Students Who Used Drugs or Alcohol Before Most Recent Sex, 2005**

| Statistic  | FL  | US  |
|------------|-----|-----|
| Total      | 20% | 23% |
| By Gender: |     |     |
| - Female   | 17% | 19% |
| - Male     | 23% | 28% |
| By Grade:  |     |     |
| - 9th      | 24% | 26% |

|                      |     |     |
|----------------------|-----|-----|
| - 10th               | 15% | 21% |
| -11th                | 18% | 23% |
| -12th                | 22% | 23% |
| By Race/Ethnicity:   |     |     |
| - non-Hispanic White | 25% | 25% |
| - non-Hispanic Black | 13% | 14% |
| - Hispanic           | 17% | 26% |

Last Updated: August 20'N/A' indicates less than 100 respondents for the category

**2007 Florida Statewide Prevention Conference**

**October 3-5, 2007**

**Orlando Florida.**

**Drugs and Sex: Setting Youth Up for Disaster**

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## **NOTES**